



# FREE CHRISTMAS MEAL

NO RESERVATIONS REQUIRED. ALL ARE WELCOME.

## ORDER A FREE MEAL TO BE DELIVERED TO YOUR HOME!

Des Moines Metro residents can call (515) 265-4277  
or reserve a meal online at [hopeiowa.org](http://hopeiowa.org).

Orders will be taken from Monday, November 29 through  
Friday, December 19. Or until capacity is reached.

**The deadline to order in home meals is  
Friday, December 19 at 4:30 p.m.**

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If you would like to enjoy a free Christmas meal at our  
Hope Café, join us on **Saturday, December 25** from noon to  
1:00 p.m. Our Hope Café is located at 1310 6th Avenue in



# COMMUNITY OUTREACH

FREE MEALS AND RESOURCES AVAILABLE

## FREE MEALS DAILY AT HOPE CAFÉ

Meals are free to all individuals, no questions asked

1310 6th Ave, Des Moines

### Monday—Saturday

Breakfast: 7:00 —7:30 a.m.

Lunch: 12:00—12:45 p.m.

Dinner: 5:00—5:30 p.m.

### Sunday

Breakfast: 8:00 —8:30 a.m.

Lunch: 1:30 —2:15 p.m.

Dinner: 5:00 —5:30 p.m.

## Hope Ministries Drop In Center

1310 6th Ave, Des Moines

### Open 8:00 a.m. to noon, Monday—Friday

Services for individuals and families include assistance with housing and job applications, resumes, obtaining documents (photo I.D, social security card, etc.) veteran's resources and more.