Parent COVID-19 Pandemic Guidelines

Des Moines Public Schools

DMPS follows the Iowa Department of Public Health, Polk County Public Health, and the CDC to provide guidelines to determine when a student is well enough to attend school during the COVID-19 pandemic. The guidance will be modified to meet appropriate public health and safety needs, as necessary. These guidelines are for anyone entering a DMPS building or attending a DMPS event.

**ATTENTION:** If your student has a chronic health condition, please touch base with your family physician, and prepare a plan in advance that sets clear parameters in case they develop COVID-19 symptoms. We want you and your student to be as prepared as possible to return to school.

- Plan ahead to arrange how your child will be cared for if they stay home, or need to go home from school due to illness.
- Notify the School Nurse if your child is ill and will not be at school. Please report all symptoms.
- Notify the School Nurse if your child is positive for COVID-19 OR has been in close contact with someone with COVID-19.
- Always notify the school office if your child’s emergency contact information changes.

TIP: Monitor your student’s symptoms daily with the student symptom tracker

The general message to families, students, and staff is to **STAY HOME** if you are not feeling well during the COVID-19 Pandemic. Please consider the following:

**Need help finding a Health Care Provider? The School Nurse can assist! Call or schedule an appointment [HERE](#)!**

It is important that we stay vigilant as a community to protect everyone’s health. Please Remember:

- **Students are required to wear a face covering to school**
- **Students are to follow social distancing guidelines**
- **Contact your School Nurse with ANY questions or concerns!**